OK, we know how to do the talking….now time for the walking…

Last Friday’s BULLYING! NO WAY Day saw us glam it up in the orange gear, pull the wristbands on, scoff the jelly and splash the paint around. Heaps of good positive friendly fun!!! Now here’s the SERIOUS SCIENCEY BIT.....

PARENTS, WE NEED YOU! You are the crucial factor in our kids taking a stand together. Being clear about what bullying is, is a great place to start; teaching our kids the skills to deal with all and any situation is paramount!

I recently had a chat with a kiddy that had been pushed over in a game that had got a bit rough. After ensuring there were no gaping wounds etc., I enquired as to how he had handled it. He replied that he had walked away. The whooping and high fiving could not have been louder as I proclaimed him a CHAMPION among MEN! Bullying? NOT! And how he had dealt with it, PERFECT!

One of mine came home telling of how, in a hot game of lunchtime football, he had fallen over saving a certain try and that some kids had laughed. Bullying? Not. And I did impress upon him that his death rolls and action stunts are WORLD LEGENDARY and do indeed make people happy. He then mentioned that his friends helped him up and made sure he was OK. Bullying is not one child not wanting to play with another, it is not children being separated because of behavioural and personality clashes…let’s face it, we don’t all have to be BFFs…Why would we put that pressure on our kids? Rather, we would be better served teaching them empathy, respect and tolerance of all.

Bullying is repeated, systematic, purposeful behaviour and language used to taunt, torment, traumatisise, intimidate and isolate. Unacceptable in anyone’s language and something we ALL need to talk about.

How do YOU model your own behaviour and speech to guide your kids? Building our children’s humanity AND their resilience is CRUCIAL. Need more info? Plenty of great resources on the web. Check out www.bullyingnoway.gov.au

And AWESOME THANKS to all jellymakers.

I have, in my time, been called many things. The best and most wonderous of all being…MUM, mummy, ma, mumma, mums…Maaaaaaaaaaaaaaaaaaaaaaaarrrrrrrm! - this one in particular, with sooooo many different intonations can mean so many things….From "Can I have…" to “But whyyyy…” to being sad, scared, injured, bored, angry, tired, whiny…

The P&C would like to celebrate all Mums, Step-mums, Nans, Grandmas, Aunties, Guardians, Carers…We are holding our Mothers Day stall this Friday. Each class will get a chance to purchase something special, with gifts from $1 to $15.

Until next week...

MUMS the word!

Lea.

P&C